



Online Session Guidance

Please read through the following information and guidance in relation to Getin2it online sessions;

1. Please book onto sessions via Eventbrite
2. Make sure that the Getin2it Participant Consent form is completed and emailed across to sportsdevelopment@lichfielddc.gov.uk prior to you attending sessions.
3. Please don't disclose session information to other people - participants must book to access the sessions otherwise they will not be allowed in.
4. All Getin2it sessions are delivered Via Zoom and will be observed/supervised by an additional member of staff at each online session.
5. When accessing sessions please disclose your first name ONLY to identify you when you first enter the session.
6. Make sure that when you are online there is nothing in view that gives your location away to others, i.e. school uniform, landmarks outside your window etc.
7. Make sure you have enough space to take part in sessions
8. Please ensure you attend sessions wearing suitable clothing and footwear, ready for the session to start.
9. Ensure you have a bottle of water with you at all times.
10. If you start to feel unwell during a session please stop participating immediately.